

SAMPLE WORKSHOPS:

The Good, The Bad and The Ugly

Based on the book: Good Boss, Bad Boss, in this session for supervisory personnel you will be asked to think about the qualities of the best boss and the worst boss you've ever had - then discuss and evaluate:

- What constitutes a good manager?
- What constitutes a bad manager?
- What is working well for you and your team?
- What is not working well for you and your team?
- What changes, if any, need to be made?

Stuff Happens ... Now What?

These interactive, lighthearted, informal and ideally, off-site, sessions are designed to provide a safe, relaxed and confidential environment for line personnel to:

- Identify and express professional concerns and stressors.
- Clarify what is wanted or needed to solve the issue.
- Consider options and solutions.

When All Else Fails - Communicate!

This interactive team building session is designed to provide a safe, relaxed, off-site environment for management, supervisors and employees working together to identify, and professionally discuss:

- What's working?
- What's not working?
- What changes, if any, need be made.

The Trouble with Relationships is Other People:

Based on the book: The 3R's of Relationships, this lively, thought provoking and physically interactive session for all employees helps them learn to evaluate and improve their personal, social and professional relationships based on:

- Reciprocity of effort - "Am I the only one working at this?"
- Reliability of commitment - "Can I count on you?"
- Respect for values: "Don't tread on me."

So Much for the Carrot and the Stick...

This interactive session is designed for supervisors to identify and understand what *really* motivates you and those who work for you. Based on the book *Drive* we will explore and discuss how each of the following concepts apply to your personnel:

- Autonomy
- Mastery
- Purpose

Don't Follow Me - I'm Lost...

With so many leadership models out there, supervisors can become confused about which "map" is the right one. Choosing one model and sticking to it is ultimately, the most helpful. Interactive sessions over a period of time help supervisory personnel absorb and learn leadership skills in small, manageable bites. Based on the book: *It's Your Ship*, discussions will cover skills such as:

- Taking charge
- Leading by example
- Listening aggressively
- Communicating purpose and meaning
- Creating a climate of trust
- Looking for results, not accolades
- Taking risks
- Being innovative
- Helping your employees grow
- Unifying your team
- Improving your people's quality of life

Now That I Have the Map - Where are We Going?

Strategic planning retreat for management - suggested as a multi day or all day off-site format to determine *in general*:

- Who are we?
- What do we want?
- How are we going to get there?

Workshops most effective with 7 to 15 people, 3 hour allotted time frame. Off-site, with a shared simple, boxed style meal is ideal.